



Supported by Witherslack Group



Proudly presents our 6th

Attwood & Garnett on Autism & Asperger's

A 2 Day Event in Historic Oxford City

Autism is now a clinical priority for the NHS – are you & your team prepared?

Chaired by: Professor Geoff Bird PhD

Dept of Experimental Psychology and Brasenose College, University of Oxford

Day 1:

Could this be Autism? Differentiating Autism from other Conditions

Day 2:

Anxiety, Empathy, Emotional Distress & Finding Closure (from hurtful experiences)



Professor Tony Attwood

World Renowned Author of 'The Complete Guide to Asperger's Syndrome'

with his colleague



Dr Michelle Garnett

Founder and Director, Minds & Hearts Asperger's Syndrome and Autism Clinic

And

Autism Oxford UK's Highly Acclaimed Autistic Training Team

NAS Professional Awards Finalist 2014 & 2015, Winner 2016

featuring

"Ask the Experts" extended Q & A session on both days, facilitated by Jonas Torrance

Thursday 10th & Friday 11th January 2019 at The Kings Centre, Oxford OX2 0ES

www.kingscentre.co.uk/contact-us/directions

Booking rates for both days, including refreshments and lunch:

Professionals: £295 plus vat; People with ASC & Family Members: £245 plus vat

Group Discount: 20% off for groups of 5 or more professionals

Booking rates for one day, including refreshments and lunch:

Professionals: £195 plus vat; People with ASC & Family Members: £165 plus vat

Concession rates: Two days: £195 plus vat; One day: £130 plus vat

For fast, easy, secure booking: <http://www.autismoxford.org.uk>

Witherslack Group is once again supporting our Attwood & Garnett event and has paid for a limited number of one day places for parents and carers.

These places will be allocated by means of a FREE draw. To enter the draw for a free place for one day at this event, please email events@witherslackgroup.co.uk with your full name and address – ACT NOW – draw CLOSES: 5pm on Monday 5th October. PLEASE NOTE: Autism Oxford is not dealing with enquiries for this offer – you MUST contact Witherslack Group at events@witherslackgroup.co.uk

Continuing Professional Development (CPD):

Please request an Attendance Certificate for each day of attendance as a record of CPD

Further Information

The government has made Autism a clinical priority for the NHS for the next 10 years. Staff working in Social Care, Support Services, Education, Community and Criminal Justice Services as well as the NHS are realising that we need to understand more about autism. We need to adjust our working practices and environments to work effectively with autistic people of all ages. Without appropriate adjustments, we risk continuing to exclude autistic people from the services we provide.

Almost 300 people attended our 'Attwood on Autism' conference in May 2018. They witnessed Prof. Attwood demonstrating a 'live' diagnostic interview with a female, namely Susan Ward Davis, member of our Autistic Training Team.

In response, there was a huge number of questions from the audience which we did not have time to address, on such topics as: Screening & Diagnostic tools and their suitability in the light of current understanding of autism, especially for girls and women; 'Undiagnosing' autism; Diagnosing autism and hearing impairment, ethnic minorities, trauma, schizophrenia, Downs syndrome, BPD, other PDs, ED, OCD, PDA; Male and Female autistic presentations – is there an Overlap?; Explaining a diagnosis of Autism.....

Many more questions were about Anxiety; Empathy; Processing of negative emotions; Finding closure after hurtful experiences such as something unfair or a relationship breakdown (rather than getting 'stuck in a spiral of negative thoughts'); Sleep problems; self-harm; CBT, ABA, Counselling, Psychotherapy, Adapting therapies for autistic people; Bullying and developing emotional resilience; Being 'in character' as someone else; How much time on 'special interests' is ok and how much is overdoing it?

This event will attempt to answer many of those questions, and more. In addition to presentations by Professor Tony Attwood and Dr Michelle Garnett:

Professor Geoff Bird PhD, of the Dept of Experimental Psychology and Brasenose College, University of Oxford will discuss his research into Autism and Empathy:

The 'Emotional Symptoms of Autism'.

Despite the general view that autistic individuals lack empathy, don't recognise others' emotions, and cannot do moral reasoning, there are many individuals with autism who dispute these claims. Prof Bird will present research from his lab over the last 10 years that supports the view that empathy, moral reasoning and good emotion recognition can be found in many individuals with autism. See here for papers by Professor Bird:

<https://sites.google.com/site/geoffbirdlab/papers>

Autism Oxford's Highly Acclaimed Autistic Training Team will give their professional and personal perspectives on some of the above topics.

This event will be of great interest and usefulness to everyone working and living with autism.